



**Ridge
Meadows
College**

(A Division of School District No. 42)

Riverside Centre: 20575 Thorne Avenue
 Maple Ridge, BC V2X 9A6
 Phone: (604) 466-6555
 Ext. 53402 Mon-Thurs 8am-4pm/Fri 8am-3:30pm
 Ext. 53433 Mon-Thurs 1pm-7:30pm/Fri 11:30am-3:30pm
 Fax: (604) 463-5437

**RIDGE MEADOWS COLLEGE
 Winter/Spring 2020 REGISTRATION**

Reflexology

NAME: _____ DATE: _____

TELEPHONE: _____ EMAIL: _____

COURSE NAME	CODE	DATE	DAY	TIME	COST	SELECT
Spring Sessions:						
Information Session	35777	March 3	Tu	7:00 pm – 9:00 pm	Free	
Foot Reflexology Module 1	47000	Apr 4 – Apr 25	Sat	9:30 am - 4:30 pm	\$395.00	<input type="checkbox"/>
Foot Reflexology Module 2	47001	May 2 – May 23	Sat	9:30 am - 4:30 pm	\$395.00	<input type="checkbox"/>
COSTS:					\$790.00	
TOTAL COST FOR COMPLETION:					\$790.00	

Method of Payment:			Total Payment Amount: \$	
Cash <input type="checkbox"/>	Cheque <input type="checkbox"/>	Interac <input type="checkbox"/>		
Visa <input type="checkbox"/> Card Number _____ Exp Date(mmyy) _____				
MC <input type="checkbox"/> Card Number _____ Exp Date(mmyy) _____				

Professional Advanced Reflexology

Program: Foot Module

Reflexology is a complementary therapy that involves manipulating the feet, hands and ears to relax and increase the circulation to any part of the body. The objective of this program is to give clear guidelines for the student to achieve a level of professional competency in the field of Reflexology.

REFLEXOLOGY INFORMATION SESSION

Meet the instructor and have your questions answered regarding certification under The Reflexology Association of BC.

35777 T Mar 3 7:00 pm
FREE/1 session – Please phone to register.

MODULE 1

We will go into the theory and concentrate on the practice of foot reflexology and endeavor to understand and practice the basic ideals and techniques, as well as the definition, benefits, effects and theories, and how it relieves stress and tension. Through hands-on practice we will be well versed with the reflex points in the feet that correspond to every area of the body. Upon completion, you will be able to complete a foot reflexology session on a client. Setting up a reflexology business and practice at a professional level are also studied. Course materials provided. 20 Classroom Hours.

47000 Sa Apr 4-25 9:30 am-4:30 pm
No class Apr 11
\$395/3 sessions

MODULE 2

In module 2, we will study human anatomy, system disorders and how to work on them. Referral areas, foot conditions and contraindications are explained. This module concentrates on preparing you to write the Professional Reflexologist Provincial Certification Exam for the Reflexology Association of B.C. (If the Student chooses upon completion of the course to join the RABC and write the exam they must complete 60 Reflexology sessions on their own). Course materials provided. 20 Classroom Hours.

47001 Sa May 2-23 9:30 am-4:30 pm
No class May 16
\$395/3 sessions

About the instructor: Ron Leibel - RABC Approved Reflexology Teacher. Ron has instructed Reflexology Courses since 2002 at Langara College, Vancouver School Board, Kwantlen University College, Surrey College, Vancouver Community College, North Shore Continuing Education, Burnaby Continuing Education, Port Moody Community Services, Coquitlam Continuing Education, West Vancouver Community Learning, Metro College and Advanced Reflexology Institute. He was President of the Reflexology Association of British Columbia for 6 years and is currently on the board of directors. He has practiced full-time reflexology since 1993.